

Skinny Strawberry Sandwich

We have done this with bagels for years, just didn't know they were called Skinny Strawberry Sandwiches!

8 ounces Neufchatel cheese or low-fat cream cheese, softened
1 tablespoon honey
1 teaspoon grated lemon zest
4 English muffins, split and toasted
2 cups (about 10 ounces) sliced stemmed California strawberries

In food processor, process cheese, honey and zest until well mixed, or mix in bowl with wooden spoon. Spread 1 tablespoon cheese mixture on cut side of 1 muffin half; top with 1/4 cup strawberries. Repeat with remaining ingredients to make 8 open-faced sandwiches.

Makes 4 servings. Tip: Make cheese mixture ahead and store in refrigerator.